

Handwriting Without Tears

Grade K—Letters and Numbers for Me

	Day 1	Day 2	Day 3	Day 4	Notes
Week 1	pp. 4–6, 7, 27	p. 8 and top of p. 9	p. 60		pp. 4–6 Mom or Dad read pp. 4–6. Decide if your children write right or left handed and set their paper according to their handedness. Then, demonstrate to your children how to hold a pencil (as shown on page 4.) As you teach your children how to write, practice the 3 steps shown on page 5. Using the correct pencil grip, show your child how to decorate the illustrations on p. 7 and have your children do so. Write your child's name and have them copy it. p. 8 and top of 9 We schedule the capital letter your children are studying in Phonics on the first day of the week. We add the lowercase letter on the second day. We do so to link what your children are studying in Phonics to what they write.
Week 2	top of p. 11	p. 59			
Week 3	bottom of p. 12	p. 56			
Week 4	bottom of p. 23	p. 34			
Week 5	bottom of p. 11	p. 54			
Week 6	bottom of p. 22	p. 36			bottom of p. 22 You may wish to also do p. 36 on Day 1 to help with the lowercase letter in the Copywork.
Week 7	83, 84	p. 85			Mom or Dad please read p. 83. Then have your children work though p. 84.
Week 8	top of p. 14	p. 58			top of p. 14 You may wish to also do p. 58 on Day 1 to help with the lowercase letter in the Copywork.
Week 9	bottom of p. 10	p. 52			bottom of p. 10 You may wish to also do p. 52 on Day 1 to help with the lowercase letter in the Copywork.
Week 10	top of p. 22	p. 30	p. 31		top of p. 22 You may wish to also do p. 30 on Day 1 to help with the lowercase letter in the Copywork.
Week 11	top of p. 23	p. 44			
Week 12	p. 86	p. 87			
Week 13	p. 88	p. 89			
Week 14	top of p. 20	p. 28			
Week 15	top of p. 10	p. 37			top of p. 10 You may wish to also do p. 37 on Day 1 to help with the lowercase letter in the Copywork.
Week 16	p. 24	p. 51			
Week 17	bottom of p. 20	p. 29			
Week 18	p. 90	p. 91			
Week 19	p. 92	p. 93			
Week 20	top of p. 12	p. 55			top of p. 12 You may wish to also do p. 55 on Day 1 to help with the lowercase letter in the Copywork.
Week 21	bottom of p. 14	p. 48			
Week 22	top of p. 15	p. 46			
Week 23	bottom of p. 15	p. 42			

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	Day 1	Day 2	Day 3	Day 4	Notes
Week 24	p. 94	p. 13			p. 13 You have not introduced E at this point, so you may leave that one out. Mom or Dad: call out one of the letters at the top of the page and have your children fill them in.
Week 25	top of p. 16	p. 32			
Week 26	bottom of p. 16	p. 33	p. 35	p. 74	
Week 27	bottom of p. 21	p. 38	p. 39	pp. 40-41	p. 40 Mom or Dad: Move your hands to show tall, small or descending letters. Have your children imitate your hand position. Have your children copy the words.
Week 28	bottom of p. 17	p. 50	p. 43	p. 19	p. 19 You have not introduced X at this point, so you may leave that one out.
Week 29	bottom of p. 9	p. 45	p. 25		p. 25 You have not introduced Q at this point, so you may leave that one out.
Week 30	p. 47	p. 49	p. 53	p. 57	
Week 31	p. 61	p. 66	p. 67	p. 68	
Week 32	p. 18	p. 64	p. 69	p. 70	
Week 33	top of p. 17	p. 63	p. 71	p. 73	
Week 34	top of p. 21	p. 62	p. 26	p. 65	
Week 35	p. 72	p. 75	p. 76	p. 79	
Week 36	p. 80	p. 81	p. 82		p. 81 Mom or Dad: say the sentence We go outside.

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